

	Feb, March	April	May
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Freestyle Dance & Definition 	<ul style="list-style-type: none"> • Warm-up • Stretching • Folk Dance of Himachal 	<ul style="list-style-type: none"> • Warm-up • Stretching • Folk Dance of Punjab
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn dance Definition 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Himachli folk steps and its Rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Punjabi folk steps and its Rhythm
Skills	Extension ,Rhythm ,Build Strength and Flexibility	Stamina , Perseverance ,Strenth ,Rhythm ,Coordination and Culture based ability(Intellectual Skill)	Cordination ,Rhythm , Stamina and perseverance, Culture based ability(Intellectual Skill)
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class
Assessment	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics
	June	July	August
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Guru Vandna (Classical) 	<ul style="list-style-type: none"> • Warm-up • Stretching • Bollywood dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Teen Taal Ekgun
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their dance Skills through Classical Dance and learn Guru Vandna Classical 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Bollywood dance steps and its Rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Teen Taal Ekgun in Rhythm
Skills	Posture, Balance ,Rhythm and Alignment(Facial Expression (Intellectual skills))	Build Strength , Flexibility, Rhythm and Better Coordination(Intellectual skills)	Strength, Mobility, Cordination, Rhythm , Posture and Facial Expression(Intellection skills)
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class
Assessments	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics

	September	October	November
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Teen Taal Padhant 	<ul style="list-style-type: none"> • Warm-up and Stretching and • Gandhi Jayanti Theme based Dance 	<ul style="list-style-type: none"> • Warm-up and Stretching • Definition of Kathak
Learning Outcomes	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • learn Teen Taal Padhant in hand and steps and its Rhythm 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their physical healthy and ability to work 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Definition of Kathak Dance Steps and its Rhythm
Skills	Rhythm, Balance and Control	Rhythm, Flexibility, Coordination, Motivation and Discipline	Rhythm and Balance, Improve your writing skills
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class
Assessments	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics