

**FIRST TERM ( MARCH- July )**

- Warm ups
- Shree Guru Vandana
- Basic kattrhak steps ( Pad Sanchalan )
- Hastak and Mudras
- Basic kattrhak definations ( Sam, Tatkaar, Taali- Khaali, Hastak, Matra )
- Folk dance ( Bhangra and Garba )

**SECOND TERM ( August- December )**

- Annual day preparations
- Revision of all topics.