

CLASS - 8th CURRICULUM SUBJECT-DANCE Session-2022-23

	Feb, March	April	May
Contents	Warm-up Stretching Freestyle dance Holi Dance	Warm-up Stretching Teen Taal Tihai	Warm-up Stretching Folk dance of Gujrat
Learning Outcomes	Students will be able to Understand the basic knowledge of dance Develop their dance skills through Holi Dance	Students will be able to Understand the basic knowledge of dance Learn Teen Taal Tihai Classical steps and its Rhythm	Students will be able to Understand the basic knowledge of dance Learn Folk Dance steps and its Rhythm
Skills	Ensure a Dancers Longevity Rhythm and Flexibility	Rhythm , Posture, Alinment , Control, Balance and Facial Expression(Intellectual skills)	Rhythm , Coordination, Stamina ,Perseverance, Culture Based ability(Intellelucal skills)
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class
Assessments	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics
	June	July	August
Contents	Warm-up Stretching Writing teen Taal that Notation	Warm-up Stretching (Patriotic Theme Based Dance)	Warm-up Stretching Semi classical Dance
Learning Outcomes	Students will be able to Understand the basic knowledge of dance Learn Teen taal that steps and its Rhythm	Students will be able to	Students will be able to Understand the basic knowledge of dance Learn Semi Classical Dance steps and its Rhythm
Skills	Rhythm, Balance, Taal, and Improve your writing Skill,	Rhythm ,Build Strength ,Flexibility and Coordination	Rhythm , Posture ,Alinment, Ensure a dancers longevity and Facial Expression(Intellectual skulls)
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class
Assessments	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics

	September	October	November
Contents	Warm-up Stretching Teen taal Tihai	Warm-up Stretching Definition of Odissi dance	Warm-up Stretching Retro Dance
Learning Outcomes	Students will be able to Understand the basic knowledge of dance Learn Teen taal Tihai Classical Dance steps and its Rhythm	Students will be able to Understand the basic knowledge of dance Learn Definition of Odissi dance	Students will be able to Understand the basic knowledge of dance Develop their dance skills through Retro Bollywood
Skills	Rhythm ,Posture, Alinment, Coordination, Control, Balance and Facial Expression(Intellectual skills)	Rhythm , Balance, Laya, Taal and Improve your writing Skill	Rhythm , Prevent injuries, Build Strength , Flexibility and Devlop Physical Skills (Intellectual skills)
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class
Assessments	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics