

CLASS -9th CURRICULUM SUBJECT-DANCE Session-2022-23

		500011-2022-25	
	Feb, March	April	May
Learning Content Outcomes s	Warm-up Stretching Freestyle dance Athgun Footwork (Classical) Students will be able to Understand the basic knowledge of dance Dance on Free Style and its Rhythm Dance on Athgun Footwork Kathak and	Warm-up Stretching Thaat in Teen taal Students will be able to Understand thebasic knowledge of dance Learn Teen Taal Thaat steps and its Rhythm	Warm-up Stretching Folk dance (Rajasthan Students will be able to Understand the basic knowledge of dance Learn Folk Dance of Rajasthan steps and its Rhythm
Skills	its rhythm Rhythm ,Build Strength ,Flixibility and Physical Fitness	Rhythm , Posture, Alinment, Control, Body Balancing, Concentration and Facial Expression(Intellectual skills)	Rhythm , Flixibility, Coordination and Culture based ability(Intellectual Skill)
Methodology	-Teacher will give the students live demonstration Smart Class	 -Teacher will give the students live demonstration Smart Class 	Teacher will give the students live demonstration Smart Class
Assessments	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics
	June	July	August
Contents	Warm-up Stretching writing teen Taal Paran Notation	Warm-up Stretching Theme based dance (Patriotic theme Based)	Warm-up stretching and Teen taal That
Learning Outcomes	Students will be able to Understand the basic knowledge of dance Write Teen Taal Paran Notation and its Rhythm	Students will be able to Understand the basic knowledge of dance Dance on Patriotic song steps and its Rhythm	Students will be able to Understand the basic knowledge of dance Learn Teen Taal Thaat steps and its Rhythm
Skills	Rhythm ,Posture and Improve your writing skill (Intellectual skills)	Rhythm , Build Strength , Flixibility and Group Coordination (Intellectual skills)	Rhythm , Posture, Alinment,Balance, Control and Facial Expression(Intellectual skills)
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class
Assessment	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics

	September	October	November
Contents	Warm-up Stretching Retro Dance	Warm-up Stretching Diwali Dance	Warm-up Stretching Farmaishi Chakerdhar Parn
Learning Outcomes	Students will be able to Understand the basic knowledge of dance Develop their dance skills through Retro Bollywood	Students will be able to Understand the basic knowledge of dance Perform to dance on Diwali song	Students will be able to Understand the basic knowledge of dance Learn Farmaishi Chakerdhar Paran steps and its Rhythm
Skills	Rhythm ,Build Strength, Flixibility,and refine movement Quality	Rhythm , Build Strength and Flexibility	Rhythm, Flexibility , Posture, Balance and Facial Expression(Intellectual skills)
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration Smart Class
Assessment	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics	Live individual and group performance Class etiquettes and ethics