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*MOTHERHOOD IS THE GREATEST AND THE HARDEST!*

*-DEDICATED TO ALL THE MOTHERS!*

# CAMBRIDGE INTERNATIONAL SCHOOL

## THE VIBRANT

[WWW.CISK.CO.IN](http://WWW.CISK.CO.IN)

WEEKLY NEWSLETTER

15<sup>TH</sup> MAY, 2020

# 87% INCREASE IN SOCIAL MEDIA USAGE AMID LOCKDOWN; PEOPLE SPEND 4 HOURS ON FACEBOOK, WHATSAPP

The survey added that 75 per cent people were spending more time on Facebook, Twitter and WhatsApp compared to the week before.

It is also playing a vital role in making people aware of COVID-19. It is also helping people to spread awareness regarding COVID-19 and to work from home.

But fake news also misguide an individual. So, one should not believe every article they come across.

Carrots  
have  
zero  
fat  
content.



DID YOU  
KNOW?



DO YOU KNOW  
KETCHUP WAS  
USED AS A  
MEDICINE BACK  
IN THE 1930'S.

#DIDYOUKNOW #DIDYOUKNOW

## WATER, A VITAL RESOURCE

Water is one of the most important natural resources present on our earth. The wastage of water should be prevented.

Now a days due to the spread of Coronavirus water has played a very important role as it can be said as a weapon for COVID-19. Whenever we wash our hand all the harmful bacteria gets vanished, which is the need of the hour these days.

But yes remember, we have to be kind towards our natural resources and not have to misuse them and should take a pledge of preserving water.

**TURN IT OFF:**  
Turn off taps while brushing your teeth, soaping clothes and scrubbing vessels.

**FIX LEAKING TAPS:**  
Fixing leaking taps doesn't take much, but it can save a significant amount of water.

**TAKE A BUCKET BATH:**  
Using a bucket instead of a shower to bathe can reduce your water consumption by 80%!

**USE ENERGY-EFFICIENT TECHNOLOGY:**  
Energy star rated dishwashers and washing machines use less water.

**UPGRADE YOUR EQUIPMENT:**  
Install faucet aerators, low-flow showerheads and toilets with smaller flush tanks.

**RECYCLE WATER:** Water treatment plants and rainwater harvesting systems can recycle water on a large scale. But to recycle water on your own, you can do simple things like using the water in which vegetables have been washed to water plants.

**Six ways to save water at home**





# INTERESTING FACTS



**The world's first cosmonaut was a dog.** In 1957, the USSR launched a stray dog named Laika into Earth's orbit to test whether living creatures could survive space travel. Sadly, Laika died in orbit, as her vessel lacked the ability to return to Earth.

**Russia was founded by Vikings.** You probably think of Scandinavia or Iceland when you think of Vikings. But the founder of Russia was a Viking named Oleg. His people were called the Kievan Rus, the origin of the current name Russia.

**Flamingos aren't pink.** When flamingos are born, their feathers are grey or white. The pink hue is acquired over time from the food they eat. The fish and algae they consume contain chemicals called carotenoids that dye their feathers.



# Cambridge celebrated Mother's Day on Sunday, 10<sup>th</sup> May 2020

"Mother is the name for God for children!"

The modern holiday of Mother's Day was first celebrated in 1908, when Anna Jarvis held a memorial for her mother at St Andrew's Methodist Church in Grafton, West Virginia. St Andrew's Methodist Church now holds the International Mother's Day Shrine.

Mother is a real blessing of God upon this world. Mother is an excellent example of love, affections and sacrifice. A mother always understand what her child need every time. She is the one who is ready to sacrifice even her own life for the good of her children. She loves to serve all her family members with great pride and love. She helps her children to get ready for the school on time. She wakes up early and do all the wor. She always takes care of the family members. Mother is always concerned for everything about the children including health, diet, studies etc. We all love our mothers from the depth of heart and always pray God for their long life as they are the best gift of the God ever.

On this special occasion of Mother's Day, Cambridge celebrated with lots of enthusiasm and excitement. Children spent entire day with their mothers at home during lockdown. Students dedicated a melodious song for all the mothers of CISK by posting it on facebook. Pictures and videos were also posted, showing the affection between children and their mothers. Children gifted flowers handmade cards, chocolates, homemade cakes as a gesture of love towards their dear mothers. Our students made Mother's day even more special by dedicating dances and songs.

**To all the mothers:** We are very grateful to you for everything that you have done for us. There is no way to repay your love and care. All we can do is put a smile on your face and we will continue to do so!

**Cambridge Family had an amazing day!**







HAPPY MOTHER'S DAY