

## CLASS 5th CURRICULUM SUBJECT-DANCE Session-2023-24

	1	Session-2023-24	
	Feb, March	April	May
Contents	Warm-up     Stretching     Holi dance	Warm-up     Stretching     Free style	Warm-up     Stretching     Basic of hand tutting
Learning Outcomes	Students will be able to  Understand the basic knowledge of dance  Learn holi dance steps and its rhythm	Students will be able to  Understand the basic knowledge of dance Learn freestyle dance steps and its rhythm	Students will be able to  Understand the basic knowledge of dance  Learn hand tutting and its rhythm
Skills	Rhythm, Control ,Coordination, Balance and Posture	Stamina, Rhythm, Strength , Coordination, Culture based ability(Intellectual Skill)	Physical Fitness, Stamina ,Perseverance, Rhythm , Coordination and Culture based ability(Intellectual Skill)
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration     Smart Class	Teacher will give the students live demonstration     Smart Class
Assessments	Live individual and group performance     Class etiquettes and ethics	Live individual and group performance     Class etiquettes and ethics	Live individual and group performance     Class etiquettes and ethics
	June	July	August
Contents	Warm-up     Stretching     Hip hop dance	Warm-up     Stretching     Basic and advance steps of robotics	<ul><li>Warm-up and</li><li>Stretching</li><li>New Bollywood</li></ul>
Learning Outcomes	Students will be able to  Understand the basic knowledge of dance Learn hip hop dance steps and its rhythm	Students will be able to  Understand the basic knowledge of dance Learn robotics steps and its Rhythm	Students will be able to  Understand the basic knowledge of dance  learn bollywood steps and its Rhythm
Skills	Alinment, Control, Rhythm, Coordination , Posture and Facial Expression(Intellectual skills)	Coordination, Rhythm , Flexibility, Alignment, Body Balancing and Facial Expression(Intellectual skills)	Alignment, Control, Rhythm , Posture, Body Balancing and Facial Expression(Intellectual skills)
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration     Smart Class	Teacher will give the students live demonstration Smart Class
Assessments	Live individual and group performance  Class etiquettes and ethics	Live individual and group performance     Class etiquettes and ethics	Live individual and group performance     Class etiquettes and ethics

	September	October	November
Contents	Warm-up     Stretching     Ghandi Jayanti theme     based dance	Warm-up     Stretching     Dushehra dance	.Warm-up     .Stretching     Advance steps of bhangra
Learning Outcomes	Students will be able to  Understand the basic knowledge of dance  Develop their dance skills through patriotic dance and its rhythm	Students will be able to  Understand thebasic knowledge of dance Develop their dance skills through Dushehra dance	Students will be able to  Understand the basic knowledge of dance  Learn advance steps of bhangra and its Rhythm
Skills	Motivation and discipline	Ensure dancers Longevity, Rhythm and Flexibility, Better coordination(Intellelucal skills)	Balance, Control, Refine Movement Quality, Rhythm and Flexibility
Methodology	Teacher will give the students live demonstration Smart Class	Teacher will give the students live demonstration     Smart Class	Teacher will give the students live demonstration Smart Class
Assessments	Live individual and group performance     Class etiquettes and ethics	Live individual and group performance     Class etiquettes and ethics	Live individual and group performance     Class etiquettes and ethics