



	April	May	June
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Freestyle dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Mother day dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Basic toda in teen taal (classical)
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Developing their own style and movement vocabulary and enhancing spontaneity and adaptability in dance 	Students will be able to <ul style="list-style-type: none"> • Using gestures and choreography to symbolize the bond between a mother and child 	Students will be able to <ul style="list-style-type: none"> • Executing clean footwork, ensuring each step is placed with accuracy and intention
Skills	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork, emotions, Storytelling Through Dance	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class
Integration	<ul style="list-style-type: none"> • Integrated with science chapter (The body) 		
Assessments	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics
	July	August	September
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Folk Dance of hp (karsog naati) 	<ul style="list-style-type: none"> • Warm-up • Stretching • Hip hop basic dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Motivational theme dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Students will be able to developing skills in rhythmic movements, graceful footwork, and expressive hand gestures. 	Students will be able to <ul style="list-style-type: none"> • Graps beats, tempo, and flow for dynamic movement. 	Students will be able to <ul style="list-style-type: none"> • Using choreography to depict themes like perseverance, courage, or unity.
Skills	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class

Assessments	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics

	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Patriotic dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Definitions of hip hop 	<ul style="list-style-type: none"> • Warm-up • Stretching • Tihai classical dance 	<ul style="list-style-type: none"> • Warm-up and stretching and • Revision for all topics
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Conveying themes of pride, honor, and devotion through movement and gestures. 	Students will be able to <ul style="list-style-type: none"> • Learn definitions of hip hop dance 	Students will be able to <ul style="list-style-type: none"> • Executing clean footwork, ensuring each step is placed with accuracy and intention 	Students will be able to <ul style="list-style-type: none"> • learn all topics
Skills	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, Confidence & Communication Skills	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing	<ul style="list-style-type: none"> • Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class
Integration	<ul style="list-style-type: none"> • Integrate with Hindi Desh humara 			
Assessments	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics