



	April	May	June
Contents	<ul style="list-style-type: none"> Warm-up Stretching Folk Dance of hp (Lahaul nati) 	<ul style="list-style-type: none"> Warm-up Stretching Freestyle dance 	<ul style="list-style-type: none"> Warm-up Stretching Yoga day dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> Students will be able to developing skills in rhythmic movements, graceful footwork, and expressive hand gestures. 	Students will be able to <ul style="list-style-type: none"> Developing their own style and movement vocabulary and enhancing spontaneity and adaptability in dance 	Students will be able to <ul style="list-style-type: none"> Incorporating yoga-inspired postures (asanas) into dance sequences to enhance strength and grace.
Skills	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork
Methodology	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class
Assessments	<ul style="list-style-type: none"> Live individual and group performance Class etiquettes and ethics 	<ul style="list-style-type: none"> Live individual and group performance Class etiquettes and ethics 	<ul style="list-style-type: none"> Live individual and group performance Class etiquettes and ethics
	July	August	September
Contents	<ul style="list-style-type: none"> Warm-up Stretching Folk of Rajasthan (kalbeliya) 	<ul style="list-style-type: none"> Warm-up Stretching Salsa dance 	<ul style="list-style-type: none"> Warm-up Stretching Devi durga stuti dance performance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> Mastering swift spins, snake-like gestures, and dynamic footwork that define Kalbelia's style. 	Students will be able to <ul style="list-style-type: none"> Mastering the timing and beat patterns unique to Salsa music. 	Students will be able to <ul style="list-style-type: none"> Gaining insight into Durga's divine attributes, her forms, and her significance in Hindu mythology.
Skills	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork
Methodology	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class- 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class
Integration	<ul style="list-style-type: none"> Integrate with history chapter (Geographical region and life in Rajasthan) 		

Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics
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	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Basic of krump Dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Suffi Dance 	<ul style="list-style-type: none"> • Warm-up and stretching and • folk dance of Japan 	<ul style="list-style-type: none"> • Warm-up and stretching and • Revision for all topics
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Learn krump dance steps and its Rhythm 	Students will be able to <ul style="list-style-type: none"> • Learn suffi Dance in Rhythm 	<ul style="list-style-type: none"> • -Students will be able to • perform Japan dance and its rhythm 	Students will be able to <ul style="list-style-type: none"> • learn all topics
Skills	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork	Gross motor skills, posture and body control, stamina and fitness, memory and recall, rhythm and timing, concentration, teamwork
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class
Integration			<ul style="list-style-type: none"> • Integrate with history chapter (history society and economy of japan) 	
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics