

	April	May	June
Contents	<ul style="list-style-type: none"> • Warm-up • Shimla Naati 	<ul style="list-style-type: none"> • Warm-up • Bollywood Dance • Mother day dance • Mime Act Performances (My Body) 	<ul style="list-style-type: none"> • Warm-up • Disney story dance • Hip-Hop Dance • Father's Day Dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basics of dance • Develop their dance skills through Freestyle dance • Learn the basic of folk Dance 	Students will be able to <ul style="list-style-type: none"> • Understand the basics of dance • Learn Bollywood dance steps and its rhythm • Learn to Respect their mother and to love her deeply. 	Students will be able to <ul style="list-style-type: none"> • Understand the basics of dance • Perform the dance with rhythm • Learn hip hop dance steps • They will learn facial Expressions
Skills	Extension, Coordination, Body Balancing, Rhythm, Build Strength and Flexibility	Rhythm, Stamina, Perseverance, Build Strength & Flexibility (Intellectual skills), Facial Expression	Rhythm, Balance, Coordination, Mobility and (Intellectual skills), bounce, Facial Expressions
Methodology	<ul style="list-style-type: none"> • The teacher will tell them about their culture and way of living. • Smart Class • Use counting (1-8 beats to maintain rhythm. 	Teacher will explain <ul style="list-style-type: none"> • The characters actions, and emotions by the story • Illustrate how to perform action without speaking. • Smart Class 	<ul style="list-style-type: none"> • Participation and energy levels • Ability to follow rhythm and perform hip-hop steps confidence during performances
Integration	Integrate with Class 1 st English chapter-1	Integrate with Class 1 st Evs chapter- My Body	Integrate with subject-physical education fitness
Assessment	<ul style="list-style-type: none"> • Participation and interest during activities • Ability to follow rhythm and basic steps • Coordination and body balance during practice 	<ul style="list-style-type: none"> • Expression of emotions through mime • Ability to follow rhythm and perform basic steps 	<ul style="list-style-type: none"> • Participation and energy levels • . Ability to follow rhythm and perform hip-hop steps • confidence during performances
Cross cutting theme	<ul style="list-style-type: none"> • Cultural Awareness • Health & Well-being • Creativity & Expression 	<ul style="list-style-type: none"> • Values Education • Creativity & Expression • Life Skills 	<ul style="list-style-type: none"> • Values Education • Creativity & Expression • Health & Well-being

	July	August	September
Contents	<ul style="list-style-type: none"> • Warm-up • Chamba Folk Dance • Basic of zumba Dance • Free style dance 	<ul style="list-style-type: none"> • Warm-up • Independence Day/Patriotic Dance Act • Bollywood Dance • Free style Dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Geeta Saar Act Dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Learn the basic Knowledge of Chamba Folk Dance • Develop their dance skills through Zumba Dance 	Students will be able to <ul style="list-style-type: none"> • Learn the basic knowledge to perform dance with rhythm • Understand dedication towards their Country 	Students will be able to <ul style="list-style-type: none"> • Learn the meaning of Geeta Saar • Improve thinking skill by discussing right and wrong actions • Learn Expressed emotions like joy,sadness,devotion and excitement through facial expressions, body language and dialogue
Skills	Coordination, Rhythm, Balance, Facial Expression(Intellectual Skills)	Control, Rhythm, Build Strength and Flexibility, Dedication, Improve Self Confidence (Intellectual skills)	Rhythm, Coordination, Posture, Alignment, Balance and Control, stamin,, Facial Expression
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class • Divide Students into small Dance groups and performs a short dance showing 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Practice sessions with guidance • Use of Smart Class for visual learning (videos/music support) 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Play Soft devotional / instrumental music related to Bhagavad Geeta • Smart Class • Story Telling
Integration	-	-	-
Assessment	<ul style="list-style-type: none"> • Expression Skills • Rhythm & Coordination • Discipline & Etiquettes • Participation 	<ul style="list-style-type: none"> • Activeness during practice and performance • Teamwork – Following instructions and working in groups • Confidence Level 	<ul style="list-style-type: none"> • .Expression Skills • Rhythm & Coordination • Discipline & Etiquettes • Participation
Cross cutting Theme	<ul style="list-style-type: none"> • Life Skills • Cultural Awareness • Health & Well-being 	<ul style="list-style-type: none"> • Values & Citizenship – Art & Culture • Inclusion & Diversity 	<ul style="list-style-type: none"> • Inclusion & Diversity • Life Skills • Cultural Awareness

	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Rajasthani folk Dance • Ganesh Vandana Dance 	<ul style="list-style-type: none"> • Warm-up • Diwali Dance with Act • Free style Dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Christmas dance • Free style Bollywood dance 	<ul style="list-style-type: none"> • Warm-up and • Stretching • Revision for all topics
Learning Outcomes	<p>Students will be able to</p> <ul style="list-style-type: none"> • Perform basic dance steps of Ganesh Vandana with proper rhythm and expressions • Learn the cultural Values and the traditions of Rajasthan 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Develop coordination and body balance during dance • Gain Confidence in Stage Performance 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Learn the importance of Christmas and its message of love, joy and sharing • Work together in group formation and teamwork 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the knowledge of dance • Build confidence in stage performance
Skills	Rhythm, Flexibility, Stamina, Alignment, Control and Posture	Coordination, Rhythm, Mobility, Motivation, Discipline, Increase memorization	Knowledge, Understanding, Rhythm, Posture, Alignment, Control, Balance, Facial Expression (Intellectual skills)	Rhythm, Flexibility coordination and body balancing
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class • Group activity-based method 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart Class 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class • Group activity-based method
Integration	-	-	-	-
Assessment	<ul style="list-style-type: none"> • Performance Skills • Participation • Coordination • Discipline & Etiquettes 	<ul style="list-style-type: none"> • Coordination • Rhythm • Mobility • Expression & Creativity 	<ul style="list-style-type: none"> • Knowledge and understanding • Rhythm • Posture 	<ul style="list-style-type: none"> • Recall & Performance – • Rhythm & Coordination – • Confidence – performance • Participation – Discipline & Etiquettes –
Cross cutting Theme	<ul style="list-style-type: none"> • Health & Well-being • Cooperation and teamwork • Inclusion – Values & Ethics • Discipline and active 	<ul style="list-style-type: none"> • Values & Ethics – Promotes • Health & Well-being – Enhances physical fitness • Cooperation and teamwork 	<ul style="list-style-type: none"> • Respect for all cultures and festivals • Discipline and active participation • Cooperation and teamwork • Positive and inclusive behavior 	<ul style="list-style-type: none"> • Health & Well-being – Physical fitness and active Life Skills – Confidence, • Inclusion – Values & Ethics