

	April	May	June
<b>Contents</b>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Free Style Dance</li> <li>• Sirmori Natti</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Stretching</li> <li>• Mother day dance</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Bollywood Dance</li> <li>• Mime Act Performance</li> </ul>
<b>Learning Outcomes</b>	Students will be able to <ul style="list-style-type: none"> <li>• Understand the basics of dance develop their dance skills through Freestyle dance</li> <li>• Learn the basic of folk Dance</li> </ul>	Students will be able to <ul style="list-style-type: none"> <li>• Understand the basics of dance</li> <li>• Learn Bollywood dance steps and its rhythm</li> <li>• Learn to Respect Their mother and to love her deeply.</li> </ul>	Students will be able to <ul style="list-style-type: none"> <li>• Understand the basics of dance</li> <li>• perform the dance with rhythm</li> <li>• Learn facial Expressions by role-play</li> </ul>
<b>Skills</b>	Extension, Coordination, Body Balancing, Rhythm, Build Strength and Flexibility	Rhythm, Stamina , Perseverance, Build Strength & Flexibility (Intellectual Skills)	Rhythm, Balance, Coordination, Mobility and (Intellectual Skills),bounce ,Facial Expressions
<b>Methodology</b>	<ul style="list-style-type: none"> <li>• Teacher will give the step by step instructions in simple language</li> <li>• Smart Class</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher will give the step by step instructions in simple language</li> <li>• Smart ClassSmart Class (music/audio-visual support)</li> <li>• Practice through repetition</li> <li>• Individual and group performances</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher will give the step by step instructions in simple language</li> <li>• Smart Class</li> <li>• Story Telling</li> </ul>
<b>Integration</b>	-	Integration with English Subject: My Family	-
<b>Assessment</b>	<ul style="list-style-type: none"> <li>• Basic Skills – Rhythm &amp; Coordination</li> <li>• Participation Confidence</li> <li>• Performance Skills</li> </ul>	<ul style="list-style-type: none"> <li>• Participation – Involvement in activities</li> <li>• Confidence – Stage performance</li> <li>• Discipline &amp; Etiquettes – Behavior during class</li> </ul>	<ul style="list-style-type: none"> <li>• Rhythm</li> <li>• Balance</li> <li>• Coordination</li> <li>• Confidence</li> <li>• Discipline &amp; Etiquettes</li> </ul>
<b>Cross cutting theme</b>	<ul style="list-style-type: none"> <li>• Cultural Awareness</li> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> <li>• Life SkillsInclusion</li> </ul>	<ul style="list-style-type: none"> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> </ul>	<ul style="list-style-type: none"> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> <li>• Life SkillsInclusion</li> </ul>

	<b>July</b>	<b>August</b>	<b>September</b>
<b>Contents</b>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Rajasthan Folk Dance</li> <li>• Basic of Zumba Dance</li> <li>• Free style dance</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Independence Day/Patriotic Dance</li> <li>• Bollywood Dance</li> <li>• Free style Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Stretching</li> <li>• Krishna Katha Dance</li> </ul>
<b>Learning Outcomes</b>	Students will be able to <ul style="list-style-type: none"> <li>• Understand the basics of Retro dance</li> <li>• Develop their dance skills through Zumba Dance</li> </ul>	Students will be able to <ul style="list-style-type: none"> <li>• Understand the basic knowledge to perform dance with rhythm</li> <li>• Understand dedication towards their Country</li> </ul>	Students will be able to <ul style="list-style-type: none"> <li>• Learn Krishna Katha dance steps, Facial Expressions and its rhythm</li> </ul>
<b>Skills</b>	Coordination, Rhythm, Balance, Facial Expression(Intellectual Skills)	Control, Rhythm, Build Strength and Flexibility, Dedication, Improve Self Confidence (Intellectual skills)	Rhythm, Coordination, Posture, Alignment, Balance and Control, stamina , Facial Expression
<b>Methodology</b>	<ul style="list-style-type: none"> <li>• Teacher creates a fun and energetic learning environment</li> <li>• Live demonstration by the teacher</li> <li>• Step-by-step guidance in simple language</li> <li>• Smart Class (music/audio-visual support)</li> </ul>	<ul style="list-style-type: none"> <li>• Teachers will use simple and easy language for better understanding.</li> <li>• SmartClass (music/audio-visual support)</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher will use simple and easy language for better understanding</li> <li>• Smart Class</li> <li>• Role-Play</li> </ul>
<b>Assessment</b>	<ul style="list-style-type: none"> <li>• Rhythm &amp; Coordination</li> <li>• Performance Skills</li> <li>• Execution of steps</li> <li>• Expression</li> <li>• Participation</li> <li>• Active</li> </ul>	<ul style="list-style-type: none"> <li>• Understanding of Theme – Patriotism and respect for the country</li> <li>• Rhythm &amp; Coordination – Synchronization with music</li> <li>• Performance Skills – Accuracy of steps</li> <li>• Expression – Emotional connection with patriotic theme</li> </ul>	Participation <ul style="list-style-type: none"> <li>• Active involvement</li> <li>• Confidence</li> <li>• Stage presence</li> <li>• Discipline &amp; Etiquettes</li> </ul>
<b>Cross cutting Theme</b>	<ul style="list-style-type: none"> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> </ul>	<ul style="list-style-type: none"> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> <li>• Life Skills</li> </ul>	<ul style="list-style-type: none"> <li>• Cultural Awareness</li> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> <li>• Life Skills</li> </ul>

	October	November	December	Jan/Feb
<b>Contents</b>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Stretching</li> <li>• Saraswati Vandna Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Diwali Dance</li> <li>• Country 's traditional Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up</li> <li>• Stretching</li> <li>• Christmas dance</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up and</li> <li>• Stretching</li> <li>• Revision for all topics</li> </ul>
<b>Learning Outcomes</b>	Students will be able to <ul style="list-style-type: none"> <li>• Perform Saraswati Vandna with proper steps, expressions and understanding of its cultural and spiritual significance.</li> </ul>	Students will be able to <ul style="list-style-type: none"> <li>• Perform the dance with rhythm</li> <li>• Learn about the Traditional dance of other Countries</li> </ul>	Students will be able to <ul style="list-style-type: none"> <li>• Perform the dance with rhythm</li> <li>• Work together in group formation and teamwork</li> </ul>	Students will be able to <ul style="list-style-type: none"> <li>• Understand the basic knowledge of dance</li> <li>• Students will be able to learn all topics</li> </ul>
<b>Skills</b>	Rhythm, Flexibility, Stamina, Alignment, Control and Posture	Coordination, Rhythm, Mobility, Motivation, Discipline ,Increase memorization, Understanding One's Culture	Knowledge, Understanding, Rhythm, Posture, Alignment, Control, Balance, Facial Expression(Intellectual skills)	Rhythm, Flexibility coordination, and body balancing
<b>Methodology</b>	<ul style="list-style-type: none"> <li>• The teacher will narrate a short mythological story of Goddess Saraswati in a simple language.</li> <li>• Smart Class</li> </ul>	<ul style="list-style-type: none"> <li>• Teachers will use simple and easy language for better understanding.</li> <li>• Smart Class</li> <li>• Practice through repetition individual and group performances</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher will use simple and easy language for better understanding</li> <li>• Smart Class</li> <li>• Role-Play</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher will create a fun &amp; energetic environment</li> <li>• Smart Class</li> </ul>
<b>Integration</b>	-	-	-	-
<b>Assessment</b>	<ul style="list-style-type: none"> <li>• Individual performance</li> <li>• Group performance evaluation</li> </ul>	<ul style="list-style-type: none"> <li>• Performance Skills</li> <li>• Expression</li> <li>• Participation</li> <li>• Confidence</li> <li>• Discipline</li> </ul>	<ul style="list-style-type: none"> <li>• Expression</li> <li>• Participation</li> <li>• Confidence</li> <li>• Discipline</li> <li>• Rhythm</li> <li>• Posture</li> </ul>	<ul style="list-style-type: none"> <li>• Expression</li> <li>• Participation</li> <li>• Confidence</li> <li>• Discipline</li> <li>• Rhythm</li> <li>• Posture</li> </ul>
<b>Cross cutting Theme</b>	<ul style="list-style-type: none"> <li>• Cultural Awareness</li> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> <li>• Life SkillsInclusion</li> </ul>	<ul style="list-style-type: none"> <li>• Cultural Awareness</li> <li>• Values &amp; Ethics</li> <li>• Health &amp; Well-being</li> <li>• Life SkillsInclusion</li> </ul>	<ul style="list-style-type: none"> <li>• Cultural Awareness</li> <li>• Values &amp; Ethics</li> </ul>	<ul style="list-style-type: none"> <li>• Cultural Awareness</li> <li>• Values &amp; Ethics Health &amp; Well-being</li> <li>• Life SkillsInclusion</li> </ul>