

	April	May	June
Contents	<ul style="list-style-type: none"> • Warm-up • Free Style Dance • Kullvi Naati 	<ul style="list-style-type: none"> • Warm-up • Stretching • Mother day dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Father Day Dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basics of dance • Develop their dance skills through freestyle dance • Students learn the basic of folk Dance 	Students will be able to <ul style="list-style-type: none"> • Understand the basics of dance • Learn Bollywood dance steps and its rhythm • Learn to Respect their mother and to love her deeply. 	Students will be able to <ul style="list-style-type: none"> • Understand the basics of dance • Perform the dance with rhythm • Learn Father's Day Dance and its rhythm steps
Skills	Extension, Coordination, Body Balancing, Rhythm, Build Strength and Flexibility	Rhythm, Stamina, Perseverance, Build Strength & Flexibility (Intellectual Skills)	Rhythm, Balance, Coordination, Mobility and (Intellectual Skills), bounce , Facial Expressions
Methodology	<ul style="list-style-type: none"> • The teacher will tell the student about their culture and way of living. • Show the folk Dance steps live • Smart Class 	<ul style="list-style-type: none"> • Teacher will create a warm and loving environment • Teacher explains the importance of Mother's Day through a short story • Smart Class used for music and visual learning 	<ul style="list-style-type: none"> • Teacher will illustrate simple action(dance steps and gestures, • Smart Class • Use the demonstration method to show facial expressions (happy, sad, angry, surprised) and body movement
Integration	Integrate with the subject of Math-Counting(1-8)	-	-
Assessment	<ul style="list-style-type: none"> • Rhythm & Coordination – Performance Skills • Execution of freestyle • Participation • Active involvement • Confidence • Discipline 	<ul style="list-style-type: none"> • Participation • Active involvement • Confidence • Discipline 	<ul style="list-style-type: none"> • Rhythm & Coordination – Performance Skills • Execution of freestyle • Participation

	July	August	September
Contents	<ul style="list-style-type: none"> • Warm-up • Basic of Zumba Dane • Free style dance 	<ul style="list-style-type: none"> • Warm-up • Bollywood Dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Janmastami Dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Learn the basics of Retro dance(Free Dance Style) • Develop their dance skills through Zumba Dance 	Students will be able to <ul style="list-style-type: none"> • Learn the basic knowledge to perform dance with rhythm 	Students will be able to <ul style="list-style-type: none"> • Learn Krishna Katha dance steps, Facial Expressions and its rhythm
Skills	Coordination, Rhythm, Balance, Facial Expression (Intellectual Skills)	Control, Rhythm, Build Strength and Flexibility, Dedication, Improve Self Confidence (Intellectual skills)	Rhythm, Coordination, Posture, Alignment, Balance and Control, stamina , Facial Expression
Methodology	<ul style="list-style-type: none"> • Teacher will explain Step-by-step instructions in simple language • Smart Class (music/audio-visual support) • Practice through repetition 	<ul style="list-style-type: none"> • Illustrate simple action(dance steps and gestures • Smart Class 	<ul style="list-style-type: none"> • Teacher will create a warm and loving environment • Use storytelling to explain when the dance • Smart Class
Integration	Integrate with the subject of Math- Counting 1to 8	-	Integrate with the subject EVS- Culture
Assessment	<ul style="list-style-type: none"> • Rhythm & Coordination • Performance Skills • Execution of freestyle • Participation • Active involvement • Confidence • Discipline 	<ul style="list-style-type: none"> • Confidence • Discipline Rhythm & Coordination – Performance Skills • Execution of freestyle • Participation 	<ul style="list-style-type: none"> • Rhythm & Coordination • Performance Skills • Execution of freestyle • Active involvement • Confidence • Discipline
Cross cutting Theme	<ul style="list-style-type: none"> • Cultural Awareness – Understanding • Health & Well-being • Life Skills • Confidence • Inclusion Equal participation • Values & Ethics • Respect • Discipline 	<ul style="list-style-type: none"> • Cultural Awareness – Understanding • Health & Well-being • Life Skills • Confidence 	<ul style="list-style-type: none"> • Life Skills • Confidence • Inclusion Equal participation • Values & Ethics Cultural Awareness – • Health & Well-being

	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Disney story Mime 	<ul style="list-style-type: none"> • Warm-up • Diwali Dance • Free style Dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Christmas dance 	<ul style="list-style-type: none"> • Warm-up and • Stretching • Revision for all topics
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Learn Facial expression and body language effectively • Perform the dance with rhythm 	Students will be able to <ul style="list-style-type: none"> • Perform the dance with rhythm • Learn about the Indian Traditional Culture and Festival Dance with rhythm 	Students will be able to <ul style="list-style-type: none"> • Perform the dance with rhythm • Express the spirit of Christmas (sharing, Caring, happiness) 	Students will be able to <ul style="list-style-type: none"> • Understand the knowledge of dance • Students will be able to learn all topics
Skills	Rhythm, Flexibility, Stamina, Alignment, Control and Posture	Coordination, Rhythm, Mobility, Motivation, Discipline, Increase memorization, Understanding One's Culture	Knowledge, Understanding, Rhythm, Posture, Alignment, Control, Balance, Facial Expression (Intellectual skills)	Rhythm, Flexibility coordination, and body balancing
Methodology	<ul style="list-style-type: none"> • The teacher will begin with a short introduction of the Disney story, explaining characters and emotions in a simple way. • Use the demonstration method to show facial expressions (happy, sad, angry, surprised) and body movements. 	<ul style="list-style-type: none"> • Teacher will create a festive and joyful environment in the class • Smart Class • Teacher will give them live demonstration 	<ul style="list-style-type: none"> • Teacher explains the theme of Christmas (sharing, caring, joy) using a short, engaging story • Smart class 	<ul style="list-style-type: none"> • Teacher will create a warm and loving environment • Smart class • Use the demonstration method to show facial expressions (happy, sad, angry, surprised) and body movement
Integration	Integrate with The Subject of English -Story and Poem	Integrate with the subject of -EVS- Cultural	-	-
Assessment	<ul style="list-style-type: none"> • Confidence • Discipline Rhythm & Coordination – Performance Skills • Execution of freestyle 	<ul style="list-style-type: none"> • Participation • Discipline Rhythm & Coordination • Performance Skills • Footwork 	<ul style="list-style-type: none"> • Rhythm & Coordination • Performance Skills • Execution of freestyle Active involvement • Confidence 	<ul style="list-style-type: none"> • Rhythm & Coordination • Performance Skills • Execution of freestyle Active involvement
Cross cutting Theme	<ul style="list-style-type: none"> • Cultural Awareness – Understanding • Health & Well-being • Life Skills • Confidence 	<ul style="list-style-type: none"> • Life Skills • Cultural Awareness 	<ul style="list-style-type: none"> • Cultural Awareness – Understanding • Health & Well-being • Life Skills • Confidence • Inclusion Equal participation • Values & Ethics 	<ul style="list-style-type: none"> • Life Skills • Confidence • Cultural Awareness • Health & Well-being