

	April	May	June
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Thaata and Aamad 	<ul style="list-style-type: none"> • Warm-up • Stretching • Bollywood semi-classical routine 	<ul style="list-style-type: none"> • Warm-up • Stretching • Short Fusion hip hop choreography
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Thaata and Aamad steps and its Rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn dance on Bollywood semi-classical routine and its Rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Short Fusion choreography performs with rhythm
Skills	Rhythm , Prevent injuries, Build Strength Balance , Facial Expression and Flexibility(Intellectual skills)	Rhythm, Posture and Alignment, Control, Balance and Facial Expression(Intellectual skills)	Physical Fitness, Stamina, Perseverance Rhythm ,Flexibility and Develop Physical Skills,(Intellectual skills)
Methodology	<ul style="list-style-type: none"> • Students learn by performing footwork patterns with live rhythm • Teacher guides the beats and syllables (bols) while encouraging self-practice. 	<ul style="list-style-type: none"> • Students learn by performing footwork patterns with live rhythm • Teacher guides the beats and syllables (bols) while encouraging self-practice. 	<ul style="list-style-type: none"> • Stretching, strength drills (push-ups, core exercises). Introduce simple spins (backspin, windmill basics).
Assessments	<ul style="list-style-type: none"> • Footwork & Coordination, Body Control & Grace. 	<ul style="list-style-type: none"> • Footwork & Coordination, Body Control & Grace. 	<ul style="list-style-type: none"> • Accuracy, control, execution
Cross cutting theme	<ul style="list-style-type: none"> • Improves posture, balance, and controlled breathing through graceful movements. 	<ul style="list-style-type: none"> • Blends classical Indian dance with Bollywood style, showing respect for tradition while embracing modernity. 	<ul style="list-style-type: none"> • Reinforces beat counting, rhythm cycles, and timing in choreography.
	July	August	September
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Practice Kathak footwork with Bollywood Songs 	<ul style="list-style-type: none"> • Warm-up • Stretching • Vishnu Vandana 	<ul style="list-style-type: none"> • Warm-up • Stretching • Dandiya dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn steps Practice Kathak footwork with Bollywood Songs dance and its Rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Perform Vishnu Vandana Dance with rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Dandiya dance steps and its Rhythm

Skills	Rhythm ,Posture,, Alignment, Control, Balance and Develop writing skills(Intellectual skills)	Coordination, Rhythm, Build Strength and Flexibility	Rhythm ,Flexibility, Balance and Refine movement quilty,Improve self-confidence,(Intellectual skills)
Methodology	<ul style="list-style-type: none"> Students learn by performing footwork patterns with live rhythm Teacher guides the beats and syllables (bols) while encouraging self-practice. 	<ul style="list-style-type: none"> Students learn by performing footwork patterns with live rhythm Teacher guides the beats and syllables (bols) while encouraging self-practice. 	<ul style="list-style-type: none"> Explain the cultural significance of Dandiya during Navratri. Teach simple beats (two-beat, four-beat patterns).
Assessments	<ul style="list-style-type: none"> Footwork & Coordination, Body Control & Grace. 	<ul style="list-style-type: none"> Footwork & Coordination, Body Control & Grace. 	<ul style="list-style-type: none"> Rhythmic Accuracy Coordination & Stamina
Cross cutting theme	<ul style="list-style-type: none"> Blends classical Kathak tradition with Bollywood music, showing respect for heritage while embracing modern culture. 	<ul style="list-style-type: none"> Instills respect, discipline, and Spiritual values, linking dance to moral development. 	<ul style="list-style-type: none"> Connects students to Gujarati folk traditions and festive heritage and agility through rhythmic stick movements and footwork.

	October	November	December	Jan /Feb
Contents	<ul style="list-style-type: none"> Warm-up and stretching Style fusion (Hip-Hop + Contemporary + Jazz)) 	<ul style="list-style-type: none"> Warm-up and stretching Ginatkari tihai 	<ul style="list-style-type: none"> Warm-up and stretching Fusion Dance (Bollywood Hip hop) 	<ul style="list-style-type: none"> Warm-up and stretching Revision for all topics
Learning Outcomes	<p>Students will be able to</p> <ul style="list-style-type: none"> Understand the basic knowledge of dance Perform Style fusion (Hip-Hop + Contemporary + Jazz) 	<p>Students will be able to</p> <ul style="list-style-type: none"> understand the basic knowledge of dance Learn Ginatkari tihai Dance steps and its rhythm 	<p>Students will be able to</p> <ul style="list-style-type: none"> Understand the basic knowledge of dance Develop their dance Fusion Dance (Bollywood Hip hop) 	<p>-Students will be able to</p> <ul style="list-style-type: none"> Understand the basic knowledge of dance Students will be able to learn all topics
Skills	Rhythm , Flexibility, Stamina ,Perseverance and Coordination	<ul style="list-style-type: none"> Rhythm, coordination, flexibility and stamina 	Rhythm , Build Strength and Flexibility and Coordination Facial Expression(Intellectual skills)	Rhythm, Flexibility coordination, and body balancing
Methodology	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class 	<ul style="list-style-type: none"> Students learn by performing footwork patterns with live rhythm Teacher guides the beats and syllables (bols) while encouraging self-practice. 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart Class 	<ul style="list-style-type: none"> Teacher shows basic movements/recitation.

Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Footwork & Coordination, Body Control & Grace. 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Memory & Recall
Cross cutting theme	<ul style="list-style-type: none"> • Group routines strengthen synchronization, peer learning, and collective creativity. 	<ul style="list-style-type: none"> • Deepens understanding of fractions, multiples, and rhythmic divisions (e.g., fitting patterns into taal cycles). 	<ul style="list-style-type: none"> • Encourages students to blend Bollywood storytelling with hip hop energy, showcasing individuality and innovation. 	<ul style="list-style-type: none"> • Remembers and performs all topics with rhythm, confidence, and teamwork.
Integration		Integration with Geography Chapter (Water Resources)		