



First Term Curriculum  
Subject: Environmental Studies  
Class: I  
Session: 2026-27

	April	May	June	July
<b>Content</b>	*About Myself	*My Body *Good Habits and Being Safe	*My Family *My Neighbourhood and People Who Help Us.	*Festival and Celebrations
<b>Learning Outcomes</b>	<b>Students will be able to</b> -Speak about themselves. -Fill up the identity card. -Write and draw favorite things which you like most.	<b>Students will be able to</b> -Identify and explain the functions of different body parts. -Demonstrate body movements like jumping, bending, clapping etc. -Realize the importance of good habits in our daily life routine. -Recognize common safety rules at home, school and on the road. -Identify safety signs and signals. -Suggest different ways for being safe.	<b>Students will be able to</b> -Identify relationships with and among family members. -Differentiate between types of families. -Identify and explain the importance of different places in a neighbourhood. -Explain the role of various people who help us.	<b>Students will be able to</b> -Identify, describe and recognize different festivals celebrated in our country(eg:Holi, Diwali, Christmas etc) -Differentiate between National and Religious Festivals. -Discuss the importance of festivals in promoting joy, togetherness and cultural values.
<b>Skills</b>	Cognitive skill:critical thinking, observation Communication skill:listening and interpretation	Cognitive skill:critical thinking, observation communication skill:listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:listening and interpretation Emotional and social development:curiosity, exploration, responsibility and ethics

<b>Activities</b>	<b>Competency Skill based Activities/ Experiential learning Activities</b> *Making an identity card. *All About Me” Students will draw themselves and label: name, age, favorite color/food *My Introduction. (Speaking + Listening)	<b>Competency Skill based Activities/ Experiential learning Activities</b> *“Touch and Tell” Game *Action Song Activity Sing songs like: “Head, Shoulders, Knees and Toes” *Draw or paste few good habits. *Good Habits Song. *Safe or Unsafe Sorting *Field trip to nature park.	<b>Competency Skill based Activities/ Experiential learning Activities</b> *Family tree activity ( students will draw or paste pictures of their family members. *My Favourite Family Member( who and why?) * Students will speak about different helpers around them in school and at home. *Draw your Neighborhood.  *Art integrated (My Family)	<b>Competency Skill based Activities/ Experiential learning Activities</b>  *Role Play  Lighting diyas(Diwali)  Giving gifts (Eid/Christmas)  Playing with colors(Holi)
	<b>(Integrated with Art, English)</b>	<b>(Integrated with Art, ICT, Math, Value Education)</b>	<b>(Integrated with Art, English, Value Education)</b>	<b>(Integrated with Art, English, Value Education)</b>

**Assessment :**

- **Worksheets**
- **Notebook Maintenance, Chart Making**
- **Work Submission**

**Main Book: I Care**

**Publisher: Cambridge University Press**



**Final Term Curriculum**  
**Subject: Environmental Studies**  
**Class: I**  
**Session: 2026-27**

	<b>August</b>	<b>September</b>	<b>October /November</b>	<b>December /February</b>
<b>Content</b>	*Plants Around Us *Food We Eat	*Food We Eat(Contd.) *Animals Around Us	*Houses We Live In *Air and Water	*Means of Transport *The Earth and the Sky
<b>Learning Outcomes</b>	<b>Students will be able to</b> -Identify different parts of the plant. -Differentiate between plants based on their sizes. -Identify the sources of different food items. -Discuss the importance of healthy food in our daily diet.	<b>Students will be able to</b> -Practice good habits like washing hands before and after eating food and not wasting food. -Identify common animals found in their surroundings. -Classify animals into basic groups such as pet animals, farm animals and wild animals. - Explain simple reason for why we need animals(eg: cows give milk, hens lay eggs etc).	<b>Students will be able to</b> -Differentiate between types of houses. -Discuss the importance of houses. -Identify the sources of water. -Know about air that is always around us in the environment. -Discuss the causes and prevention of air and water pollution.	<b>Students will be able to</b> -Differentiate between means of transport(land, air and water) - Explain the basic use of transport. -Recognize the importance of traffic rules and road safety. -Discuss the features of the Earth, Moon and the Sun. -Describe the concept of rotation.
<b>Skills</b>	Cognitive skill:critical thinking, observation, analysis communication skill:listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:scientific communication,listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:scientific communication,listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics Academic and career:readiness, scientific literacy	Cognitive skill:critical thinking, observation, analysis communication skill:scientific communication,listening and interpretation Emotional and social development:curiosity, exploration, responsibility and ethics Academic and career:readiness, scientific literacy

<p><b>Activities</b></p>	<p><b>Competency Skill based Activities/ Experiential learning Activities</b>          *Drawing and coloring different parts of plants.           * Printing different types of leaves with help of water colors.           *Sort the Food           *Where Does It Come From?           *Healthy Plate Activity          Draw a plate on paper. Students will draw or paste pictures of:          Fruits          Vegetables          Grains  <b>(Integrated with Art, ICT, Value Education)</b></p>	<p><b>Competency Skill based Activities/ Experiential learning Activities</b>          *Collage making on animals.           *Animal and Their Homes          Match animals to their homes:          Dog → Kennel          Lion → Den          Bird → Nest           *Recognize animals by their sounds.   <b>(Integrated with Art, Value Education and English)</b></p>	<p><b>Competency Skill based Activities/ Experiential learning Activities</b>          *Match the House to Place          Match houses with places:          Igloo → Snowy area          Hut → Village          Houseboat → Water          Tent → Camps/desert          *Talk about their houses and rooms they have and for what they use various rooms.          *Drawing or pasting of sources of water.          * Balance activity to show weight of air.   <b>(Integrated with Art, Value Education and English)</b></p>	<p><b>Competency Skill based Activities/ Experiential learning Activities</b>          *Sort the Transport          Students will sort different vehicles :          Land transport          Water transport          Air transport          *Traffic Light          Red = Stop          Yellow = Wait          Green = Go          *Globe and torch activity showing day and night.          *Drawing on phases of the moon.          *Airport visit   <b>(Integrated with Art)</b></p>
<p><b>Assessment :</b></p> <ul style="list-style-type: none"> <li>● Worksheets</li> <li>● Notebook Maintenance, Chart Making</li> <li>● Work Submission</li> </ul> <p><b>Main Book: I Care</b>  <b>Publisher: Cambridge University Press</b></p>				