



First Term Curriculum
Subject: Environmental Studies
Class: I
Session: 2025-26

	April	May	June	July
Content	*About Myself	*My Body *Good Habits and Being Safe	*My Family *My Neighbourhood and People Who Help Us	*Festivals and Celebrations
Learning Outcomes	Students will be able to -Speak about themselves. -Fill up the identity card. -Write and draw favorite things which you like most.	Students will be able to -Identify and explain the functions of different body parts. -Demonstrate body movements like jumping, bending, clapping etc. -Realize the importance of good habits in our daily life routine. -Recognize common safety rules at home, school and on the road. -Identify safety signs and signals. -Suggest different ways for being safe.	Students will be able to -Identify relationships with and among family members. -Differentiate between types of families. -Identify and explain the importance of different places in a neighbourhood. -Explain the role of various people who help us.	Students will be able to -Identify different festivals celebrated in their community. -Describe how some festivals are celebrated(food, clothes, decorations etc) -Differentiate between National and Religious Festivals. -Discuss the importance of festivals in promoting joy, togetherness and cultural values.
Skills	Cognitive skill:critical thinking, observation Communication skill:listening and interpretation	Cognitive skill:critical thinking, observation communication skill:listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics
Activities	Competency Skill based Activities/ Experiential learning Activities *Making an identity card. *Show and tell about their favorite thing(Fruit, toy, book etc) *Speak about oneself (name, age, class, place) (Integrated with Art, English)	Competency Skill based Activities/ Experiential learning Activities *Pasting cut-outs of body parts and will be able to recite a poem on their body parts. *Speak about a few good habits they have. *Making a model of traffic light(showing it and explaining about it) (Integrated with Art, ICT, Math, Value Education)	Competency Skill based Activities/ Experiential learning Activities *Stick family puppets(students will paste photographs of their family members on ice cream stick) * Students will speak about different helpers around them. *Make a collage on people who help us. (Integrated with Art, English, Value Education)	Competency Skill based Activities/ Experiential learning Activities *Enactment of celebration of festival(eg:Diwali, Holi celebration).. *Speak a few lines about their favorite festival. (Why they like that particular festival) (Integrated with Art, Value Education)

Assessment :

- Worksheets
- Notebook Maintenance, Chart Making
- Work Submission

Main Book: I Care

Publisher: Cambridge University Press



Final Term Curriculum
Subject: Environmental Studies
Class: I
Session: 2025-26

	August/September	October	November	December /February
Content	*Plants Around Us *Food We Eat	*Animals Around Us	*Houses We Live In *Air and Water	*Means of Transport *The Earth and the Sky
Learning Outcomes	Students will be able to -Identify different parts of the plant. -Differentiate between plants based on their sizes. -Identify the sources of different food items. -Discuss the importance of healthy food in our daily diet. - Practice good habits like washing hands before and after eating food and not wasting food.	Students will be able to -Identify common animals found in their surroundings. -Classify animals into basic groups such as pet animals, farm animals and wild animals. - Explain simple reason for why we need animals(eg: cows give milk, hens lay eggs etc).	Students will be able to -Differentiate between types of houses. -Discuss the importance of houses. -Identify the sources of water. -Know about air that is always around us in the environment. -Discuss the causes and prevention of air and water pollution.	Students will be able to -Differentiate between means of transport(land, air and water) - Explain the basic use of transport. -Recognize the importance of traffic rules and road safety. -Discuss the features of the Earth, Moon and the Sun. -Describe the concept of rotation.
Skills	Cognitive skill:critical thinking, observation, analysis communication skill:listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:scientific communication,listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics	Cognitive skill:critical thinking, observation, analysis communication skill:scientific communication,listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics Academic and career:readiness, scientific literacy	Cognitive skill:critical thinking, observation, analysis communication skill:scientific communication,listening and interpretation Emotional and social development:curiosity, exploration,responsibility and ethics Academic and career:readiness, scientific literacy
Activities	Competency Skill based Activities/ Experiential learning Activities *Drawing and coloring different parts of plants. * Printing different types of leaves with help of water colors. * Children will talk about their daily eating routine. *Chart making on healthy and junk food. (Integrated with Art, ICT, Value Education)	Competency Skill based Activities/ Experiential learning Activities *Collage making on animals. *Talk about their pets or different animals they see around them. *Recognize animals by their sounds. (Integrated with Art, Value Education and English)	Competency Skill based Activities/ Experiential learning Activities *Model making of a house. *Talk about their houses and rooms they have and for what they use various rooms. *Drawing on sources of water. * Blow a balloon to show how air gits shape to objects. (Integrated with Art, Value Education and English)	Competency Skill based Activities/ Experiential learning Activities *Making a boat and an aeroplane with the help of origami. *Globe and torch activity showing day and night. *Drawing on phases of the moon. *Talk about Earth they live on. It consists of all those things which enables us to survive on this Earth.

				(Integrated with Art)
	Assessment : <ul style="list-style-type: none"> • Worksheets • Notebook Maintenance, Chart Making • Work Submission Main Book: I Care Publisher: Cambridge University Press			