



Personal, Social and Emotional development:

- Display a positive and strong sense of identity.
- Ability to express their needs and requests.
- Participate actively in new experiences.
- Feelings , managing anger, keeping safe, respecting differences, keeping organised, sharing is caring, problem solving.
- Participate in collaborative work and sharing through clay moulding and puzzle solving activities individually and in groups.
- Confidence building through speaking activities.
- Develop sensitivity towards human beings, animals and environment.
- Appreciate everyone around and respecting others.
- Build self esteem - A healthy circle of friends reinforces a child's comfort level with his/ her own individuality.
- Establish positive attitude- A positive attitude ultimately leads to better relationships with others and higher levels of self confidence.
- Demonstrate love through words and physical affection—which is a great way to begin teaching a child how to express other emotions as well.
- Help child express their emotions by talking through what they are feeling. Encourage cooperative play—this is helpful when they are in a group environment and have to share toys and cooperate. Continue to provide opportunities to interact with other children.
- Provide examples of friendships or other relationships.
- Ask open-ended questions, such as “What would you do?” to help develop problem-solving skills.
- Use stories to talk about different social situations and how each person might be feeling.
- Encourage kids to try new things and learn how much they can do if they simply try.
- Play games- Play teaches child how to engage with the world from a very early age, and it can be educational as well as fun. We can promote child's social development by encouraging them to play games that require taking turns, sharing and cooperating.

Communication, Language and Literacy development- English:

- Children should be able to recognize upper and lower case versions of all letters and identify what sound they make.
- Alphabets Aa –Zz , vowels and consonants, word puzzle, ‘a’ and ‘an’, positions, action words, describing words, one and many, ‘is’, ‘am’, and ‘are’, this and that, these and those, making pairs, opposites, picture reading, question words, days of the week, months o the year, blends.
- Phonic drill, rhyming words,/tr/, /ch/and /sh/ sound, long vowel sounds.
- Reading and writing of CVC words – CVC words are three letter words that begin with a consonant, have a single letter short vowel sound and end with a consonant. Teaching CVC words introduces students to the magic of transferring simple sounds into words and is an integral part of any pre- reading program. The goal is to use the individual letter sound and create a whole word.
- Reading and writing of vocabulary and sentences – Vocabulary is important for language development. Children learn the meaning of most words through everyday experiences and children who hear more words at home and in school, they learn more words.

- Sight words- We want our children to be good readers and sight words help us in doing so Sight words are confidence builders. When a child sees that he/she recognizes the words on the page, he/she has the confidence to read it.
- Rhymes and songs – Singing rhymes and songs helps develop children’s social, language and communicative skills from an early age. They learn new words and become confident learners.
- Picture comprehension- picture books are an important part of learning how to read. When reading through picture books during story time, children can practice sounding out the language while teacher introduces new interesting words.
- Improving on speaking, reading, listening and writing skills.
- Concepts – A/ An, This/ That, These/ Those, has/ have, is/ am/ are, in, on, under, one/ many and opposites.

Listening:

- Listen and follow directions and instructions
- Listen to stories, rhymes and songs
- Begin to understand why and how questions
- Recognizing that letters have specific sounds
- Begin to view books using phonic knowledge.
- View Audio Visuals for understanding and gaining information.
- Awareness of the relationship of "letters to words" and "words to sentences"
- Developing a basic vocabulary set by listening to and identifying unknown words in stories
- Listen to their peers during group discussions.
- Listen and respond to ideas expressed by others.
- Listen and observe different animal/birds/vehicle sound around them.

Speaking:

- Participate in group discussions and share personal experiences and ideas in a group.
- Reciting rhymes.
- Use daily conversational sentences to express needs, wants and feelings.
- Recognize and construct sentences to talk about a picture or using a story.
- Question why things happen and give explanations; for example – answer who, what, when and how questions.
- Speaking few lines on favorite person, animal, flower, fruit, vegetable and means of transport
- Observing the picture and giving the answers to who, what, where, which ,when.
- Participate in group discussions, role plays and activities like show and tell.
- Make comparisons and be able to talk about them.

Reading:

- Reading from board and books.
- Vocabulary words related to theme and stories.
- Describe main story settings, events and principal characters of the story.
- Reading CVC words using phonics.
- Reading of sight words through hands on activities
- Using blends for reading – bl, fl, cl ,gl, pl, br ,cr, dr, fr, gr, pr, tr, sk, sl, sp, st, sw ,sc, sm, sn
- Positions- in, on, far, near and above.
- Action words.
- Describing words.
- Use of ‘is’, ‘am’, ‘are’.

- Opposite words.
- One and many, this and that, these and those, making pairs, opposites, picture reading, question words, days of the week, months of the year.

Writing:

- Revision of Aa-Zz.
- Writing vocabulary words related to the theme.
- Writing CVC words.
- Recognizing and writing rhyming words.
- Using drawings to express thoughts and ideas.
- Writing vocabulary words related to the theme.
- Concept of one - many
- Concept of This/That, These / Those
- Use of is, am, are
- Use of A/An
- Concept of opposites
- Concept of has/ have
- Word puzzle.
- Fun with words.
- Vowels and consonants.
- 'a' and 'an'

Numeracy :

- Counting (0-100)
- Full, half and empty.
- Left and right, open and close, up and down, light and heavy, more and less, same and different, hot and cold, thick and thin, high and low, big ,bigger, biggest, tall, taller, tallest, long, longer, longest, groups, number names, ordinals,
- Identifying and recognizing shapes and colors.
- Increasing order, decreasing order, greater than, less than, equal to, shapes, patterns, forward and backward counting.
- Skip counting by 2s and 5s, tens and ones, addition, addition using number lines, subtraction, subtraction using number lines, time and Indian currency.

Hindi :

- Recognition and formation of Hindi Varanmala.
- Joining of 2,3,4 lettered Hindi words.

Knowledge and Understanding the world:

- Knowledge and Understanding of the World relates to children's everyday lives, their homes, families, other people, the local environment and community, and the wider world. The children will learn about demonstrate an understanding that there is life that exists around us.
- Explore the surrounding, about me , my body, sense organs, keeping clean, my family, my house, my school, good manners in school, my friends, my computer, uses of a computer, animals, sound of animals, plants, parts of a tree, different trees, vegetables, fruits, flowers, healthy food and unhealthy food, vehicles, road safety, traffic light, our helpers, good habits, magic words, water, seasons, living and non living things, day and night, places in our neighbourhood, musical instruments, planets of the solar system, our country India, our National symbols, some people of India, some dances of India, festivals.

- Learn about their body parts and personal hygiene.
- Classify animals domestic/wild/ aquatic
- Differentiate between pet, domestic and wild animals.
- Observe plants while going for a nature walk.
- Develop an understanding as they explore the outside through educational visits to local places.

Physical Development:

Fine Motor Skills

- Play dough activities – children make body parts, animals, plant parts, flower and vehicles
- Tear and paste activities
- Beading activities
- Building blocks
- Drawing pictures
- Paper rolling and pasting to make animal face.
- Use of seeds to make seed mosaics.
- Digging and planting seeds in a garden.
- Folding paper into simple shapes.
- Learn to handle materials and objects, safely.

Gross Motor Skills

- Walk the Line - Outdoor movement game
- Body Reflexes action game
- yoga
- Movement game (jumping, hopping-) the child jumps while clapping the hand above the head. Children hop in rhythmic patterns.
- Throwing & catching the ball.
- Game – Simon Says
- Number race will help to develop children's basic Mathematical skills and strength stamina.
- Warming up exercises for all body muscles, development of gross motor skills like coordination, endurance and balance.
- Stretching exercises to improve flexibility and loosen up your muscles with these stretching exercises that target everything.
- Aerobics with music and counting for strong bones. One of the best ways to strengthen your bones is to do weight-bearing exercises such as dancing or aerobics.
- Animal walk
- Rolling, scrambling and throwing hoops
- Enjoying outdoor activities.
- Transportation themed activities are the perfect addition to our gross motor plans. It's fun to move like trucks, cars, and planes.
- Pose like an animal, bird or plane.

Music:

- Children will learn to play musical instrument (Harmonium , Keyboard).
- Children will learn Hindi Prayer ,English Prayer, School song, Birthaday song, Gayatri Mantra, Sargam, and Alankar.

Dance:

- Children will learn how to do warm up exercises using their body parts.
- Children will dance to the songs and rhymes in co-ordination.
- Children will learn Folk dance of HP & Rajasthan, Holi dance, Raksha Bandhan dance, Mother's day dance, Father's day dance, Grandparent's day dance , Graduation day dance, Annual day dance.

Expressive Art and design:

- Creating art expands a child's ability to interact with the world around them and provide a new set of skills for self expression and communication.
- Imagine and draw, thumb painting , paper pasting, bubble wrap printing, paper folding, tear and paste, blow painting, cotton pasting, spray painting, leaves painting, sand pasting, mask making, vegetable printing.
- Understanding the primary, secondary colors and using it creatively.
- Drawing a picture helps a child to communicate visually.
- Holding a paintbrush in a controlled manner helps in developing child's fine motor skills and control of materials.
- Free hand drawing encourage child's natural creativity.
- Making greeting cards
- Origami – children make animals ,flowers and vehicles using paper
- Art work also to be done according to the theme.

Class Teacher