

Cambridge International School, Mohal, Kullu Curriculum Session 2025-26 Nursery

Key learning areas:

Personal, Social and Emotional development:

Young children need to be taught the vocabulary of emotions and feelings, and how to read facial expressions.

- Talk about their likes and dislikes.
- Understand the importance of sharing.
- Identify their own feelings
- Identify the feelings of others
- Understand the need and importance of family and friends in their lives.
- Understand the importance of health and hygiene.
- Difference between herself/ himself and others, gradually come to differentiate herself/ himself as a person.
- Imitative actions, doll plays, various games, role play and play with imaginary companions.
- Taking care of their belongings, their uniform, toilet needs independently, feels good about self (away from parents), is comfortable in the school, cares for self cleanliness.
- Which way or side for the market area?
- Know about food, eating habits.
- Shares things with others, recognizes and respects authority.
- Talks easily, meets visitors without shyness.
- Able to stay in task, understand the differences between class room, music room, art room, computer lab.

Communication, Language and Literacy development - English

Listening:

- Alphabets recognition (upper case and lower case)
- Phonics and phonemic awareness.
- Jolly phonics(short vovels and long vovels)with actions.
- Listen to and follow directions
- Listen to stories.
- Begin to understand why and how questions.
- Recognize beginning sounds of their name.
- Recognizing that letters have specific sounds.
- Awareness of the relationship of "letters to words" and "words to sentences".
- Developing a basic vocabulary set by listening to and identifying unknown words in stories
- Recognizing basic sight words in text.
- Follows simple directions, listens to a short story, listens carefully and recognizes common sounds.
- To recognize upper and lower case versions of all letters and identify what sound they make.

Speaking:

- Rhyme recitation
- Ask and answer simple questions
- Begin to share ideas.
- Participate in group discussions.
- Self introduction.
- Talk about their likes ,dislikes and cleanliness.
- Discussions on favorite place, school/park/home, family, weathers, wild animals, farm animals, water animals, different types of plants, flowers, seasons, different means of transports etc...
- Meaning of the words heard in a story, looks at pictures and tells a story, tells the name of the objects and beginning sounds.

Reading:

- Reading from board and flash cards.
- Vocabulary words related to alphabets, theme and stories.
- Recognize familiar words and signs such as advertisement logos, school logo etc.
- Numbers and letters from the given pictures.

Writing:

- Free play with play dough to develop line motor skills and eye hand coordination.
- Scribbling, Standing lines, Sleeping lines, Slanting lines, Curved patterns, Aa Zz (trace).
- Draw patterns, shapes, lines, and free hand drawing.

Numeracy:

Counting is the primary Mathematics skill_taught in Kindergarten. Children will use objects around the classroom to begin, visualizing what it means to count. They may use cubes, candy, paper clips, or any other materials to count.

- Students may even begin to learn the basics of addition and subtraction.
- In this area we have 0-20 counting and number recognition,
- 0-20 Mental Math, Understands the concept of forward and backward counting, more and less, big-small, same/different, light heavy/long/ short, empty and full, more and less, missing numbers, match the pictures, smallest and biggest numbers, subtraction and addition of the objects.
- Sort, match and group objects based on numbers.
- Exposures to number rhymes.
- Learn to count objects and things around them.
- Pair numbers (matching: 1 to 1 and 2 to 2).
- Explore and fix 3-6 pieces puzzles with the help of building blocks.
- Able to identify shapes like circle, square, triangle, rectangle, star, heart.
- Understanding of positional words like- on/under, above/under, up/down, and forward/backward.
- Identifying numbers up to ten.
- Expressing different ways to represent numbers up to twenty.

Hindi:

- Recognition and Identification of Hindi Swara (अ से अः)
- Identification of Hindi Counting (0 to 10).

Understanding the World Around:

- Visit to Fire Station, Police Station, Hospital, Gurudwara, Temples, Monastery, Aroma Nursery, Nature park and Bus Stand.
- Myself, my body, body movements, feelings, my family, my home, my school, wild animals, domestic animals, water animals, birds, insects, clean habits, good habits, plants, flowers, fruits, vegetables, vehicles, seasons.
- Children's present or past experience.
- Identification of our five sense organs.
- Identify and name family members and body parts.
- Explore places and people in the school.
- Notice similarities and differences between school and home.
- Identification homes, families, other people, local environment and community through different types of play and role play.
- Understand the importance of hygiene.
- Understand the importance of being healthy.
- Understanding the difference between healthy and unhealthy food and identifying the smell, taste, bitter, salty and sour things.
- Identify ways of keeping the surrounding clean.
- Enables children to communicate, interact and talk about what they want to do.
- Enables children to feel they are valued .
- Relates learning to themselves, their own lives and the real world.
- Allows for new learning allows practice of skills.
- Incorporates opportunities to evaluate learning.
- Children begin to sit beside another child of the same age and play independently.
- They develop relation with others, learn how to get along, to lead and to follow and learn good habits.
- Understands day and night, knows age, birthday, days of the week, months of the year.

Physical Development:

Fine Motor Skills:

- Draw dotted lines, patterns and shapes with crayons, copy simple shapes from the board.
- Clay molding with play dough.
- Tear and pasting.
- Paper crumbing
- Assemble simple puzzles.

Gross Motor Skills:

- To develop large and small muscles, children need to practice exercises, such as running, jumping, crawling, skipping and balancing which makes their body strong and skillful in different ways.
- Free play with a few simple items and taking care to provide enough space and time.
- Walk in a straight line, run, to jump, hop, stops, steps back, is able to throw a ball and catches the ball, pairs objects, claps, match simple objects, able to button up, zip a zipper, build with blocks, complete simple puzzles, Brush teeth, comb hair, and get dressed with little help.
- Skillfully use eating utensils.
- Use (child-sized) scissors to cut along a line.
- Pick up small items such as coins, toothpicks, and paperclips.
- Copy simple shapes, like a circle or square.
- Understands up and down, in and out, front and back, over on and under, top, bottom, middle, beside and next to, fast and slow.

Music and Dance:

- Dance helps your child to develop a good sense of rhythm, form, time and flow. Your kid will internalize the
 rhythmic movements and continue developing the understanding of a steady beat.
- Children will learn how to do warm up exercises using their body parts, hopping, jumping, left to right movements, up and down, side to side leaning back to front, front to back.
- Sing aloud- Raag , National Anthem, and Patriotic songs.

Expressive Art and design:

These activities help child to learn art skills, color recognition and to be patient. These activities will help to develop child's imagination and creativity.

- Primary colors—red, yellow and blue and secondary colors- green, orange, purple.
- Cool colors and warm colors cool colors- blue, violet, green. They remind us of things like water and grass.
- Warm colors- red, yellow, orange. They remind us of things like sun and fire.
- Creative activities such as drawing, cutting, painting and building all help to develop fine motor skills.
- Art and craft, coloring, panting, trace and color, thread painting, thumb painting, palm painting, spray
 painting, finger painting, marble painting, paper pasting, leaf painting, cotton ball pasting.
- Origami.
- Recognizes shapes circle, semi circle, star, triangle, square.

Happy learning

Class Teacher

