



Personal, Social and Emotional development:

- Develop social, emotional, and cognitive skills
- Foster curiosity, creativity, and imagination
- Build foundational skills in literacy, numeracy, and motor skills
- Encourage exploration, discovery, and learning through play
- Roleplay
- Develop a positive sense of self
- Help them understand and manage their emotions
- Encourage responsible decision making and self control.
- Foster empathy and respect for others.
- Develop skill to build positive relationships.

Communication, language and literacy development- English:

- Lines (standing, sleeping, slanting, curved, zig-zag)
- Alphabet recognition (uppercase and lowercase)
- Phonics and phonemic awareness
- Basic sight words
- Storytelling and comprehension
- Rhymes
- New addition: Emphasis on developing vocabulary through picture description and storytelling
- Jolly phonics(short vowels and long vowels) with actions.
- Story,song,rhymes,prayers
- Vowels and Words
- Odd one out
- Match the picture with words
- Rhyming words.

Jolly Phonics

• **Group 1 - s a t i p n**

Words - sat,pan,sap,tin,pip,sit
pat,ant,tap,sin,sip,nit
nap,pin,nip,pit,rip,
pant,snap,spin,spit.

• **Group 2 - ck e h r m d**

Words - can,pet,hap,rip,map,and
act,pen,hit,ran,man,mad
cat,ten,hip,rap,men,sad,
sack,sick,pack,pick,tick,
Kick,snack,stick,,neck,
risk,sand,sent.

- **Group 3 - g o u l f b**

Words - gap,hot,up,lip,fit,bus
get,not,mud,lot,fat,big.
peg,pot,cup,leg,fun,bit,
dug,mop,rag,cut,stop,doll,
ben,grip,slip,dot,last,
soft,help,hill,crab,tell.

- **Group 4 - ai j oa ie ee or**

Words - rain,jug,soap,tie,bee
train,job,goat, pie, see, horn
pain,jog,goat,lie,feet,storms,
aim,boat,die,sleep,corn,fail,
tail,sail,nail,just,junk,jump,
road,load,need,green,free,
free,peep,heel,fork,for.

- **Group 5 - z w ng v oo oo**

Words - song,wind,zoo,ring,moon,
spoon,look,book,zig- zag,van,
King,vest,long,food,web,swim,
root,pool,food,roof,room,soon,
wood,hook,took,foot,
root,zap,zoom,zero,
wind,well,Wall,waste,win,
hang,swing,wing,strong,long.

- **Group 6 - y x ch sh th the**

Words - yak,you,yacht,yard,year,yolk,
x- ray,mix,tax, fix,
chips,chin,cheek,bench,lunch,chain,
chart,torch,chop,shut,shelf,brush,
dish,wish,this,mother,feather,with,
there,than,their,those,them,these,
thick,throw,thin,tooth,think,bath.

- **Group 7 - qu oi ou ue er ar**

Words - cloud,dark,shark,
joint,better,
shout,out,jar,car,fuel,finger,
soil,boil,clue,fuel,value,true,card,
glue,blue,tower,river,bark,
star,queen,quit,quack,her,herb,
silver,coin,joint,loud,ground,
oil.

Hindi:

- Recognition and writing of Hindi letters (स्वर और व्यंजन)
- Basic Hindi sight words
- Storytelling and comprehension in Hindi
- Hindi rhymes and songs
- Hindi counting (0-50).

Numeracy:

- Number recognition (1-100)
- Before, between and after concepts (0-50)
- Basic addition and subtraction concepts (0-10)
- Shapes and patterns
- Measurement (long/short, heavy/light, big/small, more/less, full/empty, near/far, count and match, count and write)
- Sorting and categorization
- Introduction to basic time concepts (days of the week, months, etc.)
- New addition: Emphasis on developing problem-solving skills through real-life scenarios
- Number names 0-50.

Knowledge and understanding of the World Around:**Family and community-**

- My body
- My senses
- My family
- Cleanliness around me
- My school

Plants and animals-

- Types of plants
- Flowers
- Fruits and Vegetables
- Sticker pasting

Seasons-

- Sticker pasting
- Picture match
- Clothes

Transport-

- Vehicles
- Safety on road
- Traffic lights
- Types of Transport.

Basic needs and habits-

- To adapt good habits
- Food, water, shelter
- Different types of food
- Uses of water
- Sources of water
- Types of houses
- Water conservation

Emphasis on cleanliness and hygiene-

- Bathing
- Brushing teeth
- Keeping ourself clean
- Basic hygiene
- **Introduction to basic environmental concepts (recycling, conservation, etc.)**
- **New addition:** Focus on developing sensitivity towards human beings, animals, and the environment.
- Community Helpers.

Creative Development:

- Finger painting and colouring
- Cutting and pasting
- Drawing and sketching
- Play dough and clay modeling
- Music and movement
- Introduction to basic craft techniques (paper folding, tearing, etc.)
- New addition: Emphasis on developing fine motor skills through various art activities
- Free hand colouring
- Origami
- Tear and paste
- Leaf printing
- Collage making
- Thumb printing.

Physical Development:

- Gross motor skills (running, jumping, throwing)
- Fine motor skills (picking, sorting, stacking)
- Balance and coordination
- Teamwork and social skills
- Yoga and meditation (introduction)
- Introduction to sports concepts (ball handling, etc.)
- New addition: Focus on developing self-confidence and self-esteem through physical activities

Music and Dance-

- Sing aloud
- Patriotic songs
- National Anthem
- Rhythmic movements

Teaching Strategies:

- Play-based learning
- Storytelling
- Hands-on activities
- Music and movement
- Project-based learning
- Technology integration
- Assessment and feedback
- New addition: Incorporate mindfulness and self-reflection activities to promote emotional intelligence and self-awareness
- Active learning
- Collaborative learning
- Field Trip & Excursion.

Resources and Materials:

- Textbooks and workbooks
- Digital resources
- Art and craft materials
- Play equipment and toys
- Flashcards
- Reusable materials.